

Guidebook

For patients

Daily Life with Optune Gio®

MyNovocure®

 **OPTUNE**
GIO®

MyNovocure® Support Center



+49 800 999 1601 (free hotline)



Support@MyNovocure.de

Opening hours: Mo – Fr 08.00AM – 06.00PM

Outside Opening Hours: Technical Emergency Support 24h

We support you in using Optune Gio® and in case of problems with the therapy equipment. We are your point of contact for ordering treatment equipment and for logistical questions. In addition, you will receive practical tips on integrating Optune Gio® into your everyday life.

In case of Medical Emergency



Call Doctor or 112

My Patient ID:

My Notes:

Welcome

This guide will help with some of the most important questions you might have regarding your Optune Gio® kit. It also includes some tips and tricks to help you integrate Optune Gio into your life.

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Overview

A Quick Guide to help you get to know
your Optune Gio® kit

For a more complete set of information, or in case you have doubts or questions,
please always refer to the Optune Gio User Manual.



Device



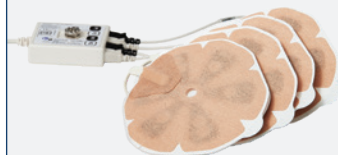
Batteries and charger



Connection cable



Wall power supply



Transducer Arrays



Carrying bags

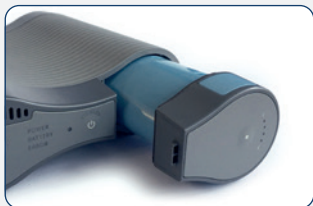


Ways to power Optune Gio®

1

OR

2



Battery

- Portable
- Lasts for 2–3 hours



Wall power supply

- Stationary
- Use while sleeping & sitting



Basic guidance on Connections



Connect Arrays to your device
via the Connection Cable.

Refer to the Optune Gio User Manual for more detailed information on the Optune Gio components.



How to **START** therapy with Optune Gio®

Before starting therapy, ensure all necessary connections are secure and that Arrays are correctly placed



Switch ON



Wait approximately
5 seconds



Press TTFields
button



How to **STOP** therapy with Optune Gio



Press TTFields
button



Switch OFF

Refer to the Optune Gio User Manual for more detailed information on the Optune Gio components.



Daily Life

Tips and Tricks on how to fit Optune Gio® into your life

For a more complete set of information, or in case you have doubts or questions, please always refer to the Optune Gio User Manual.



Sleeping

- Connect power supply
- Wear a net bandage
- Ensure good ventilation of arrays



Showering

- Turn off the device and remove arrays. Leave the device outside the bathroom.
- Ensure arrays to not get wet during showering or remove arrays for the process



Outdoors

- Protect arrays and device from direct sun and rain
- Wear light, breathable head cover
- Take charged batteries for trips over 2 hours



Travel

- Travel with Optune Gio® is possible
- Air and Ship travel may require some preparation. Contact us for support.



Ways to wear Optune Gio



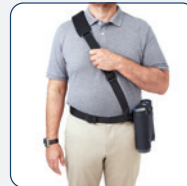
Backpack



Shoulder bag



Hip bag



Shoulder- and Hip bag





Skin Care

Some helpful tips for taking care
of your skin and arrays

For a more complete set of information, or in case you have doubts or questions,
please always refer to the Optune Gio® User Manual.

Tips for taking care of your skin



Good Hygiene

Wash your hands before application and removal of arrays and clean the shaver after every use.



New Shaver

Replace your electric shaver regularly.



Rotate Arrays

Rotate the placement of arrays during exchanges as indicated.



Ventilation

Ensure proper ventilation of arrays (e.g. firm pillow, straw hat instead of wool cap).



Good Contact

Change arrays at least twice a week or when array-to-skin contact decreases.



Seek medical advice if you are experiencing skin irritations.



Array Change Routine

Proper array change routine plays an important role in minimizing skin irritation.



Remove arrays gently with baby oil or warm water and examine skin for signs of irritation.



Wash your scalp with a pH-neutral shampoo.



Shave. Ensure a close shave with a clean razor.



Take a short break. Moisturize your skin regularly with fragrance-free, water-based moisturizer.



Clean again. Remove any residue before array placement.



Place new arrays. The array needs direct skin contact. Open wounds, shunts, screws or plates should be avoided.

Ordering & Disposal of Arrays



Do not throw used arrays in the trash. Place in the re-sealable bag to ship back to Novocure®. Do not include any trash or other items in the used transducer array bag.



Ordering
Call MyNovocure® Support Center when 8 arrays of each color, or 16 arrays in total, remain. Contact details can be found on Page 2.



Delivery
Please use the delivery box for the disposal of used arrays.



Disposal
Contact UPS via the following link to schedule a free pick up:
<https://docs.novocure.eu/arrays>





Troubleshooting

Alarms will occur – don't worry.
Use this quick guide to check common
alarm causes.

For a more complete set of information, or in case you have doubts or questions,
please always refer to the Optune Gio® User Manual.

If the TTFields light is flashing and alarm tone sounds, your Optune Gio® was switched on for around ca. 10 minutes without the TTFields button and hence the treatment switched on.



TTFields
flashing

If it is a 3–2 beep Alarm, it is array related.

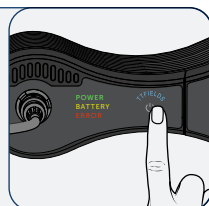
- Reinforce array contact with netting or tape.
- Adapt surroundings. Move to shade or cooler place.
- Allow arrays to cool off before restarting treatment.



Alarm tone
3x + 2x (short)

1 Silence Alarm

Press the
TTFields button



2 Check Equipment

Battery
full?

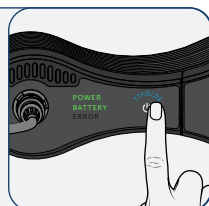
Connections
secure?

Arrays
secure & cool?



3 Resume Treatment

Press the
TTFields button



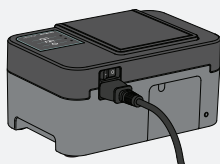
For more Optune Gio troubleshooting assistance, complete a MyLink upload and contact MyNovocure® Support Center.



MyLink®

Upload your Optune Gio® data to MyLink regularly or when in need of technical assistance.

1

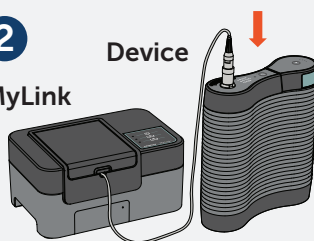


MyLink

Plug MyLink into the wall socket, then **turn MyLink on** with the switch in the back. The top  light will blink, then turn solid green.

2

MyLink



Start with your device off. **Connect** the gray MyLink cable to the top of your device.

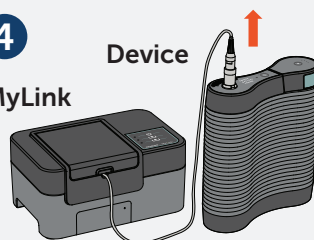
3



Turn on the device to start the download step. The middle  light will blink while downloading.

4

MyLink



Once download is complete, the middle  light will turn solid green & MyLink will beep. **Unplug the gray MyLink cable** from your device.

5



When the bottom  light is blinking, that means data is uploading to Novocure's system. This can take up to 15 minutes. Once all three lights are solid green, the upload was successful. **You can turn off MyLink.**

For more detailed information refer to the MyLink User Manual or contact MyNovocure® Support Center.

MyNovocure® App*

The MyNovocure® App accompanies you throughout your entire therapy and offers you user-friendly, comprehensive support for effective therapy.

With the MyNovocure App, you can:

- View your device usage, set individual usage goals and track them.
- Identify device-specific alarms yourself and resolve them.
- Access information and videos that support your therapy start and help you integrate it into your daily routine.

► Download the MyNovocure® App



If you have any questions, please contact the MyNovocure® Support Center: **0800 999 1601**

*Note: The App is currently available in German language only.

novocure®

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